How do parents experience the Pirate Group Intervention (CIMT-BITT) for children with unilateral Cerebral Palsy in the age from 2,5 to 8 years old?

Methods - Pirate Group intervention
- Pirate Group Intervention (CIMT/BITT) at Sophia Rehabilitation Centre (October-December 2012)
- A 6 week program 3 times a week, 3 hours a day; 6 weeks (54 hours) CIMT followed by 2 weeks bimanual training (BiTT) aimed at extending play and self-care activities.
- 6 children (age 5-7 years) participated

Results
- Though the Pirate Group Intervention is an intensive and time-consuming program, parents looked back positively.
- Short and long term effectiveness has been proven.

Discussion mirror interview
- There is a limitation of the time. About 2,5 hours.
- It may be that not all topics are relevant for all parents.
- It is a group evaluation and about personalprivate experiences, this could be a barrier for some parents to talk free.
- Since the mirror interview is a formal interview, it might be a barrier for parents to speak freely. They need an informal moment with the therapists.
- Some parents cannot forget that the therapists are in the same room, what makes it difficult to be honest about the critical points. The setting is important; if the parents can see the therapist it’s even harder to be honest.
- For some parents it is more difficult to speak up freely, without limit, in a group.
- The method mirror interview has only existed since 2012 and is still in development. A personal semi-structured in depth interview is also helpful method.

Conclusions
- The mirror interview is a method in order to get insight into caregivers’ experiences of an intensive time-consuming program as the Pirate group intervention. Parents recognise the benefits of the therapy like increased use of the affected arm and increase in self-care. They experience it as very intensive period, with difficulty to keep their children motivated and to keep motivating your child.
- More mirror interviews will be performed in future in order to improve quality of care.

References