Needs of CSHCN

- Children with Medical Complexity and the broader population of Children with Special Health Care Needs (CSHCN) are a diverse patient population who may depend on highly specialized care from multiple providers, in numerous settings to optimize their quality of care.
- Improved communication and care coordination is an essential component of delivering family centered care that is of high quality and efficiency for CSHCN.
- Objective evidence to support the use of care plans and care maps is evolving and supports the development and use of care plans and care maps that are child and family centered.

This poster will: Review the care coordination needs of CSHCN, define what care plans and care maps are, review potential formats, and identify strategies for implementation.

Understanding Care Plans

- A Care Plan is a written document that outlines the major medical issues and care needs for a specific child and is created by the health care provider in collaboration with the family. The document can be modified to meet a variety of needs, including an emergency care plan and advanced directives.
- They facilitate transition through the health care system, enhance care coordination and manage health information across sites of care.
- They are a useful tool for health care providers and parents that centralizes and focuses care of the child and centralizes exchange of information.

Understanding Care Maps

- A Care Map depicts complexity of care and life for CSHCN and their families. It is a pictorial way to describe the individual needs, strengths and assets of a family and to provide the holistic view of a child in their family and community.
- Practitioners may be able to use the family created care map to help avoid duplications or gaps in services, prioritize among multiple activities, and identify care coordination and communication needs.
- Care Maps provide a visually compelling tool to advocate for improved integration of services for CSHCN and their families.

Care Plan Map Examples

- Care Plan Map - Identify appropriate software if needed to create document.
  - Ensure you include a description about the child's development, functional status, social situation and communication strategies.
  - Collaborate with parents throughout to ensure that information is accurate, valuable and consistent with information they wish to share.
  - Update care plan regularly and share with appropriate providers.

Care Map - Work with family to support them in care map creation.
- Review care map with creator to ensure full understanding.
- Ensure you include a description about the child's development, functional status, social situation and communication strategies.
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Strategies for implementation

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  - Use care map content to support care coordination and advocacy work.

References

- Sherri Adams, MSN,NP-Peds, CPNP-AC/PC, Joanna Socia, MEd, MN, NP-Peds

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