Unified Sport

**McChesney Center:** Unified Basketball, Tennis
**Sunnycrest Park:** Sled Hockey, Nordic Ski

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Personal Fitness

**Ability Fitness:** Cross Fit [http://ability-fitness.org]
**Project Search:** Work Place Wellness
**Campus Inclusion:** BOCES collaboration

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Videos

**SYRACUSE PARKS:** Lets Walk and Talk about Inclusion [https://vimeo.com/186005441]

**PERSONAL FITNESS:** Ability Fitness Interviews [http://www.localsyr.com/bridge-street/as-seen-on/bridge-street-ability-fitness/387363997]
POLICY AND ADVOCACY
Fighting in the big arena

IDEA and its rules and regulations require
▪ a right to a free and appropriate education,
▪ that physical education be made available to children with disabilities,
▪ equal opportunity for nonacademic and extracurricular services and activities,
▪ an individualized program designed to meet the unique needs of children with disabilities,
▪ programs conducted in the least restrictive environment,
▪ nondiscriminatory testing and objective criteria for placement,
▪ due process, and
▪ related services to assist in special education.
"An individualized program including physical and motor fitness, fundamental motor skills and patterns, skills in aquatics and dance, and individual and group games and sports design to meet the unique needs of individuals," (Winnick, 2017).

Adapted Physical Education National Standards

1. Human Development
2. Motor Behavior
3. Exercise Science
4. Measurement and Evaluation
5. History and Philosophy
6. Unique Attributes of learnings
7. Curriculum Theory and Development
8. Assessment
9. Instructional Design and Planning
10. Teaching
11. Consultation and Staff Development
12. Student and Program Evaluation
13. Continuing Education
14. Ethics
15. Communication

Collaboration among CAPE’s and Clinicians

World Health Organization’s International Classification System on Functioning, Disability, and Health (ICF)

ICF Core Sets for Young People with CP (Schliati, Selb, Cleza, & O’donnell, 2014)

ICF educational e-tool http://learn.phsa.ca/shhc/icf/
ICF AND COLLABORATION

Case Study

- Summer physical activity and life skills program for young people (ages 10-23) with intellectual and/or developmental disabilities.
- Collaboration with local pediatric therapy clinic.
- Activities are based on weekly themes/topics.

TOOLS TO FIGHT FOR RECREATIONAL OPPORTUNITIES

OCR recommendations based on Section 504 requirements:
- Do Not Act On Generalizations and Stereotypes.
- Ensure Equal Opportunity for Participation.
- Offering Separate or Different Athletic Opportunities.

US Department of Education, Office for Civil Rights (OCR):

“Extracurricular athletics— which include club, intramural, or interscholastic (e.g., freshman, junior varsity, varsity) athletics at all education levels—are an important component of an overall education program.”
THERAPIST’S ROLE IN ADVOCACY

- Empower parents and families through understanding of laws and policies
- Identify and build capacity for funding opportunities
  - E.g. Georgia Family Support Funds
    - Line item in state budget
    - Provides up to $3,000 per year for recreational and related opportunities
- Partner with a CAPE!

GAPS AND OPPORTUNITIES

UN CRPD  
Children with disabilities
UN CRC

PLAY is a RIGHT!!

LINK to policies

http://www.childhooddisability.ca/policies/