ACCESSIBLE PLAYGROUNDS

- Changing community perspectives on disabilities
- Accessible, safe, fun, inter-generational
- Norms and regulations
- Universally accessible public spaces

WHERE DO YOU FIND INFORMATION ABOUT LEISURE?

- Online: 46.9%
- Newspaper: 13.6%
- City booklet: 32%
- Parents: 25.9%
- Ask teacher: 10%
- Ask clinicians: 40%
BARRIERS

- Stress to coordinate child needs and activity structure
- Isolation: safety and real integration of the child
- Time to coordinate leisure within busy schedules
- Adapted transportation
- Lack of information
- Distance from home
- Cost

IDEAS FROM THE PLAYERS

1. To create a central list of existing programs and activities
2. To develop peer-mentorship programs to support participation in leisure
3. To identify best practices to inform policy

www.childhooddisability.ca
Low engagement of children with disabilities compared to peers of the same age.

Families and clinicians have indicated that a major barrier to participation is the lack of information about leisure activities.

Community support is an important factor to promote participation.

What Apps do you use for leisure?

- Choice
- Accessibility
- Close to where you are/live
- Convenient
- Fun

OUR SOLUTION
a central list of adapted leisure resources/activities/programs that could be used by families, health care providers, community programs.

OUR SOLUTION

Search for a specific activity
Add a program you found
Message board to share info with the community
Connect with others in the community
Links to relevant resources

Map existing gaps
Identify barriers, needs, and suggestions for improvement
Engage with others
Identify and create partnerships with communities

Create and test communities of support
for families and youth

Map inequities in service provision
Inform policy
Partner with cities
What information, resources, ideas, experiences can be shared to increase participation?

www.childhooddisability.ca
www.childbright.ca
keiko.thomas@mcgill.ca
jooay@childhooddisability.ca

Community Partnerships

New York State
Inclusive Recreation Resource Center
https://www.inclusiverec.org
Local Context:
Syracuse Parks and Recreation
Fitness Inclusion Network

National Context:
NCHPAD
- Community Health Inclusion Sustainability Guide:
  http://www.nchpad.org/CHISP.pdf
- Community Health Inclusion Index:
  http://www.nchpad.org/1273/6358/Community-Health-Inclusion-Index
- Commit to Inclusion Campaign:
  http://committoinclusion.org

NATIONAL CONTEXT
#1. OBJECTIVES INCLUDE PEOPLE WITH DISABILITIES

Program objectives should explicitly and unambiguously state that the target population includes people with a range of different disabilities (cognitive, intellectual and other developmental disabilities, mobility, visual, hearing, and mental health disabilities).

Safe Routes To School Campaign

#2. INVOLVEMENT OF PEOPLE WITH DISABILITY IN DEVELOPMENT, IMPLEMENTATION & EVALUATION

Program development, implementation, and evaluation should include input from people with a range of different disabilities and their representatives (e.g., community members or other experts with disabilities, potential participants with disabilities and their family members, personal assistants, and caregivers).

“Nothing for us without us”

Eating Well Rural Nutrition Program
Programs should be accessible to people with disabilities and other users, socially, behaviorally, programmatically, in communication, and in the physical environment.

Meezan’s Neighborhood Yoga Center

### #4. ACCOMMODATIONS FOR PARTICIPANTS WITH DISABILITY

Programs should address individual needs of participants with disabilities through accommodations that are specifically tailored to those needs.

Syracuse Chargers

### #5. OUTREACH AND COMMUNICATION TO PEOPLE WITH DISABILITY

Programs should use a variety of accessible methods to outreach and promote the program(s) to people with disabilities.

YMCA Inclusion Directors
#6. COST CONSIDERATIONS
AND FEASIBILITY

Programs should address potential resource implications of inclusion (including staffing, training, equipment, and other resources needed to promote inclusion).

## Planning

<table>
<thead>
<tr>
<th>Resource</th>
<th>Cost Range</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staffing</td>
<td>$50-$100 per hour or less</td>
<td>Cost varies based on experience and location</td>
</tr>
<tr>
<td>Equipment</td>
<td>Price varies depending on type and quantity</td>
<td></td>
</tr>
<tr>
<td>Training</td>
<td>Cost can range from $500 to $5000 depending on duration and content</td>
<td></td>
</tr>
<tr>
<td>Transportation</td>
<td>Varies depending on location and method of travel</td>
<td></td>
</tr>
</tbody>
</table>

#7. AFFORDABILITY

Programs should be affordable to people with disabilities and their families, personal assistants, and caregivers.

Nojaim’s Market

#8. PROCESS EVALUATION

Programs should implement process evaluation (with transparent monitoring, accountability and quality assurance) that includes feedback from people with disabilities and family members, personal assistants, caregivers or other representatives, and a process for making changes based on feedback.
#9. OUTCOMES EVALUATION

Programs should collect outcomes data, using multiple disability-appropriate measures.

## Community Health Inclusion Index

- **Coalition Building**
  - Initiate and continually grow political commitment

- **Assessment**
  - Community Health Inclusion Index (CHI)

- **Planning**
  - Data interpretation & prioritization

- **Building Inclusive Healthy Communities**

- **Evaluation**
  - Community Health Inclusion Index (CHI) and other evaluation tools

- **Implementation**
  - Use ORAMs to help improve inclusion in the community

## Universal Design for Community Planning

- Outcomes
  - Policy Change
  - Systems Change
  - Environmental Change